

# **HOLIDAY DESTINATIONS**

As suggested by our Members



Chilterns MS Centre Oakwood Close, Wendover Aylesbury, HP22 5LX 01296 696133

# **Holiday Destinations for the Disabled**

"When Beverley and I first met, it wasn't long before we realised that, apart from both having MS, we thoroughly enjoyed going away on holidays! After swapping addresses of the places where we had stayed, we also agreed that, as disabled people, it is extremely important to book a holiday knowing that it is accessible when you get there. We then decided to ask everyone else to share their accessible holidays by filling in our easy questionnaire, so that we could start to build a list of as many accessible destinations, tried and tested by members here at the Centre.

Our aim is for us all to benefit from the knowledge we can relax knowing that the location and accommodation are going to meet our needs when we get there!"

Beverley and Angie, The Holiday Girls!

Key: H: Hotel SC: Self-Catering GH: Guest House Tried by MS members



### **Locations in the UK**

Canal Boat Holidays Lancashire

Centre Parcs Norfolk

Cornwall Peak District

Cumbria Wheelchair accessible lodges & camping

Derbyshire Somerset

Devon Wales

Dorset Yorkshire

Hampshire Respite Care

Isle of Wight

**Holidays Abroad and Cruises** 

**Useful Websites** 

**Travel Insurance** 



# **Canal Boat Holidays**

### The QEF Jubilee (SC)

c/o VASD 01372 841148

www.vasd.org.uk (Must see 'Video' on website)
info@vasd.org.uk

"VASD...providing wheelchair accessible holidays and disability products." "Cruise the historic Grand Union canal through the beautiful Hertfordshire countryside on board this adapted

canal boat. By participating in mooring and steering, disabled guests can develop new skills as well as a good holiday. The QEF Jubilee is a specially adapted wheelchair accessible canal boat moored at Hemel Hempstead. Facilities include a medical bed; hoist tracking system and a wheelchair battery charger. Accommodates 8 people; up to 3 wheelchairs; boarding ramps; hydraulic lift at both ends for access to interior; wheelchair accessible toilet and shower; full size cooker, microwave, fridge; central heating, TV and buoyancy aids for all sizes."



## CanalAbility (SC)

Lock View, Burnt Mill Lane, Harlow, Essex CM20 2QS 01279 424444

www.canalability.org.uk

hello@canalability.org.uk

"For a day out or a weekend break exploring the Rivers Sort and Lee through the Essex and Herefordshire countryside. Canal Ability has two specially adapted boats:

'Stort Challenger' has full wheelchair access including the gallery; sleeps 8; central heating; wet room; separate toilet and fully equipped all electric gallery; a day bed hoist; ramps and lifts to ensure full participation by wheelchair users."

'Red Watch' has four main compartments, sleeping up to 12 people. One bunk is adapted for a disabled person; also has fully equipped gallery and a large seating area.



## **The Wheelyboat Trust**

Andy Beadsley, North Lodge, Burton Park, Petworth, West Sussex, GU28 0JT 01798 342222

www.wheelyboats.org info@wheelyboats.org

"A registered charity dedicated to providing disabled people with the opportunity and freedom to enjoy the waters in their wheelchair accessible wheelyboats."

### **Centre Parcs**

# Center Parcs (SC)



08448 266 200

#### www.centerparcs.co.uk

Elveden Forest, Thetford, Norfolk Woburn Forest, Milton Keynes, Bucks Longleat, Bath, Somerset Sherwood Forest, Nottingham

"All locations offer various types of lodges but they also have some special Adapted Accommodation which are wheelchair accessible; sleeping 2 to 8 beds, one room as twin with profiling hospital bed; wet-room and separate bathroom; all open plan and an accessible patio at the back of the property."

## **Cornwall**



# Premier Inn Liskeard (H)



Liskeard Retail Park, Liskeard, Cornwall, PL143PR

08715 278608

#### www.premierinn.com

"Like all Premier Inns, there are very good accessible rooms with both baths/wet room facilities with numerous handrails; double/twin beds with plenty of space for wheelchair users."



# **Heather Barn (SC)**

Kernock House, Pillaton, Saltash, PL12 6RY

01579 350435

#### hughbeth@kernockcottages.com

"Adapted for wheelchairs, 2 ground floor double bedrooms (beds can be made into singles), 1 cot, wet room with grab rails, disabled toilet, external ramps, decking, parking and dogs allowed."



## **Tudor Holiday Lodges (SC)**

Moval, Looe, Cornwall, PL13 1PR 01579 350344

www.dreamlodgeholidays.co.uk

#### www.tudorlodges.co.uk

"Six lodges in own grounds. Tudor has 3 ground floor bedrooms; sleeps 6 in 2 doubles/2singles where beds are profiling in twin room. Hoist available. Two toilets, 1 in wet room, other wheelchair accessible. Can hire many disability

aids from owner, including walkers/scooters/commodes etc. External ramps, decking, fenced garden, parking and dogs allowed."



# **Treworgans Farm Holidays (SC)**

Ladock, Nr Truro, Cornwall, TR2 4QP 01726 883240 Mob 07762 713860 David & Esme Eyles

info@treworgansfarm.co.uk

#### treworgans.co.uk/

"Wheelchair accessible, en-suite wheel in wet rooms, profiling beds, hoists, recline chairs and many more mobility equipment available. Private secluded patio areas and ample parking.

All guests welcomed with a Cornish cream tea, complementary welcome hamper containing

AGA baked cake and fresh bread, locally grown farm produce and freshly cut flowers in your rooms."



# Chick Cottage (SC) \*\*

Rosevine Porthcurnick, Truro Cornwall TR2 5ET 01326 555555 Book via Classic cottages

"Chick Cottage is in a beautiful location above safe sandy beaches of Porthcurnick beach and only 150 yards away from the National Trust coastal pathway. Although Chick Cottage is not adapted for a wheelchair, it has been used very successfully by a wheelchair user as the interior has wide spaces to manoeuvre about in both the

kitchen and lounge. There are two ground floor bedrooms, 1 double/1 twin bed. Lovely bathroom with bath and overhead shower. Exterior has a fenced garden, dogs allowed and parking space."



### Flat 11, Rock Towers, Looe

Book via Cornish Collection 2b Barbican Parade Barbican Road Looe, Cornwall, PL13 1EZ

01503 262736

"This is a stylish waterfront apartment overlooking part of Looe harbour, the beach and a panoramic view of the sea. Rock Towers has a number of apartments on numerous floors, all accessible by a lift. Access to Flat 11 is best from

the rear car park which is on the same level, then over a small footbridge to the main door where there are just two steps up to the entrance of the top apartments. Flat 11 is recommended for those with less mobility problems as it is not wheelchair friendly but internally it is spacious and on one level. It has four bedrooms, 1 double with en-suite, 3 twins and a large family bathroom with Jacuzzi bath/shower in it. Parking spaces are marked out for each apartment."



# King Arthur's Arms Inn (GH)



Fore Street, Tintagel, Cornwall, PL34 0DA 01840 770628

#### www.kingarthursarms.co.uk

"This is a 4 Star rating establishment, offering 5 ground floor wheelchair accessible en-suite bedrooms, wet rooms, shower wheelchairs or stools are available, adjustable beds, ramps and grab rails. Wheelchair bedroom M3a by Visit Britain. Homemade dishes, made from locally sourced foods are served at the Inn, owned by Jerome Dangar."

## **Cumbria**



### **Swallow's Nest (SC)**

Green Rose Cottages, Crackenthorpe,
Appleby-in-Westmorland, CA16 6AF
www.disabledholidaydirectory.co.uk

"This cottage has a ramped access to entrance; modern beamed kitchen with dining area. Sitting room with electric fire and sofa bed (for +2), single and double bedrooms, (sleeps 5 in total) shower room and WC, with flush to floor shower with shower chair and grab rails. Small dog permitted, shared cobbled courtyard and parking space provided.

Close to natural beauty of the Eden Valley, the Lake District and Yorkshire Dales."

# **Derbyshire**



# Hoe Grange Holidays (SC) 💝



Brassington, Matlock, Derbyshire, DE4 4HP

01629 540262 mob: 07737 926165

www.hoegrangeholidays.co.uk

info@hoegrangeholidays.co.uk

"Gold and Silver Award Winners. Outstanding ecofriendly, self-catering accommodation on a working farm in the stunning Peak District of Derbyshire, offering four log cabins and two glamping pods. Owners David and Felicity Brown are extremely welcoming, where on arrival you will

find milk, fresh farm eggs, home-made bread and biscuits waiting for you in the fridge! The cabins are all disabled friendly, sleeping between 4 to 8; one with bathroom and en-suite shower; others have wet room with wheel in wheelchairs. Specialised equipment available on request when booking. Cabins are more than extremely well equipped! The farm has sheep, goats, horses, ducks, chickens, dogs...lots to watch; a relaxing and delightful place to stay!"



## **Cedar Lodge (SC)**

Swadlincote, Derbyshire

Disabled Holiday Directory 0800 993 0796

Quote code: CM17613

"Nestling in woodland glades, newly built lodges sit in the New Forest Centre's 154 acre site. Open plan sitting/dining room with kitchen area; two twin bedded rooms, one with electrically adjustable bed, one with two sets of bunk beds. Shower room, large shower room with disabled facilities. For further equipment needed call 0800 993 0798."

## **Dorset**



## **Elwood Cottages (SC)**

Woolland, Blandford Forum, Dorset, DT11 0ES

Ann and John Heath, 01258 818 196

admin@EllwoodCottages.co.uk

www.EllwoodCottages.co.uk

"Exceptional holiday 4-star and M31 rating accommodation for people with disabilities, their families, friends and carers. Three cottages restored to provide superbly equipped, single storey holiday homes. Indoor heated accessible splash pool, a luxurious relaxation therapy room and a recreation room. Two cottages, Hardy and Barns have two bedrooms, cosy living room, well

equipped kitchen and wet room. Hardy sleeps 3; Barns sleeps 4, two single beds in each bedroom, while the third cottage Blyton, will sleep up to 6 in two en-suite bedrooms. Additional accessibility features include accessible sinks, easy reach sockets, switches and lowered kitchen areas for wheelchair users. Outside patio paved areas and covered parking provided."

# **Hampshire**



## Wallops Wood (SC)

Sheardley Lane, Droxford, Hampshire, SO32 3QY

01489 878 888

#### www.wallopswoodcottages.co.uk

"Gold Award for Access and Inclusivity 2016-2017. Cottages are called Early Mist, Glenside, Sundew; Teal is 3 bedroom and Hedgehunter is a 4 bedroom. All accessible."



## Flat Spaces. (SC)

88 London Road, Holybourne, Alton, GU34 4EL contact: Glynis Watts, 07930 042764

info@flatspaces.co.uk

#### www.flatspaces.co.uk

"This is a hassle-free holiday in purpose built disabled access holiday bungalows. Located near the New Forest and the south coast. Rooms for 6 people (8 including sofa bed); designed for

disabled guests and has a full range of specialist equipment ready to use. Totally level access through out; rise and fall kitchen surfaces and dining table; specialist wet room; shower hoist accessible bath and Clos-o-mat automatic toilet; choice of specialist beds; ceiling hoist connecting bedrooms. Private level-access patio; generous parking bay."



#### **Accessible Mobile Home**

Hayling Island Holiday Park, Manor Rd Hayling Island PO11 0QS

Owner: Ros Baynes

For booking assistance call:

0800 085 3815

www.homeaway.co.uk/p6485035

Affordable holidays for wheelchair users, located near the sea!

Homeaway offers a fully accessible wheelchair

adapted mobile home on site with level access on Hayling Island.

The accessible mobile home Sleeps 6: Bedrooms 2: Bathroom. Minimum stay: 1-2 nights.

Bathroom: Wheel-in wet room, toilet with grab rails, power shower with wheeled and fixed shower chairs available, wash basin with mirrored cupboard above.

Living room is spacious with ample area for manoeuvring a wheelchair.

Dining area comfortable seating for 8 people. Fully double glazed with gas central heating.

Outside terrace has decking with patio furniture.

Parking adjacent to the mobile home with space for a tail ramp or lift.

Facilities: Swimming Pool; Hot tub; Internet; Fireplace; TV; Satellite or cable; Children welcome.

### Devon



# Oakcliff Holiday Park (SC) 🧩



(\*Also Lady's Mile Holiday Park: www.ladysmile.co.uk)

Dawlish Warren, Devon, EX7 0ND

0845 0267252

#### www.oakcliff.co.uk

"Oakcliff is an adapted mobile home, sleeps 4 in 1 double/2 singles, hoist, shower with grab rails, disabled toilet, dining room and kitchen accessible with lowered sink and cupboards. External ramps/decking and parking. Onsite club

provides entertainment for both children and adults." "This is a 4 Star rating establishment, offering 5 ground floor wheelchair accessible en-suite bedrooms, wet rooms, shower wheelchairs or stools are available, adjustable beds, ramps and grab rails. Wheelchair bedroom M3a by Visit Britain. Homemade dishes, made from locally sourced foods are served at the Inn, owned by Jerome Dangar."



# Ocean Reach (SC) 🐺



Bolberry Down, Salcombe, South Devon, TQ7 3DY 07718 187469

#### www.oceanreach.eu info@oceanreach.eu

"Self-catering houses; 2/3/4 bedrooms properties; wheelchair accessible; wet room; ramps; decking; fenced garden; dogs allowed; parking. Offers

wheelchair friendly path along the cliffs with views over Burgh Island, Thurlestone and Bigbury-on-Sea."



### **West Down Guest House (GH)**

West Down, Little Eastacombe, Atherington, Umberleigh, North Devon, EX37 9HP

01769 560551

http://www.westdown.co.uk/ We recommend you watch the video!

"AA 4 Gold Star Certificate of Excellence 2012 Winner, in 5 acres of garden, with complimentary tea and home baked cakes on arrival! Along with other rooms, they have ground floor accessible

rooms, one with en-suite wet room with wheelchair access, and other en-suite facilities including a shower in Marlow and Swallow rooms, and a bath ( with shower over) in Woodpecker, both with wheelchair access. This location has been recommended but with the advice to book EARLY if you require a disabled room as they are in great demand!"

#### Somerset



## **Weston House Cottages (SC)**



Weston House, East Chinnock, Nr Yeovil, Somerset, BA22 9EL

01935 863712

www.westonhouse.net

#### sue@westonhouse.net

"Weston House Cottages are beautiful Self-catering holiday cottages, set in a quiet rural location near Yeovil, Somerset. There are three cottages to hire: The Byre, sleeps 2; The Dairy, sleeps 5; and The Stable, sleeps 4, en-suite bedroom ideal for

someone with limited mobility and wheelchair access."

# Isle-of-Wight



### **Atherfield Green Farm (SC)**

Atherfield, Chale Isle of Wight, PO38 2LG Jenny and Alistair Davidson

www.atherfield.co.uk

#### info@atherfield.co.uk

contact: Anna Davidson on 01983 741573 Rookwood, New Road, Brighstone, Isle of Wight, PO30 4BP

"A family run farm owned by Jenny and Alistair Davidson, is situated in the stunning south-west near Ventnor and Downland, which offers

fantastic views across the Island. The farm still grows fruit and vegetables, so there is lots is fresh produce for guests to enjoy. There are four cottages to choose from; Honeysuckle, Rose, Lavender and Fuchsia; all accessible for disabled guests approached from a flat central courtyard allowing parking and easy access. Each cottage has a wet room, wheel-in shower, toilet and sink; a variety of profiling and partly electric beds; plus other specialist equipment for hire."



# Norton Grange Coastal Resort (H)



Halletts Shute, Yarmouth
Isle of Wight, PO41 0SD
01983 760323 or 0330 100 3354

#### **Warner Leisure Hotels**

"This resort is directly on the waterfront and offers simple chalets, with full use of the hotel

and all its facilities. There are some accessible chalets with entrance ramp, wet room and parking directly outside. In the hotel the restaurant food is highly recommended; an indoor pool and sauna; small cinema; live entertainment each evening. The resort is adults only and is also completely wheelchair friendly."

"There is now some new accommodation available at Norton Grange with the addition of some beautiful Garden Suites. These contemporary suites come with a spacious bedroom and separate lounge for comfort to relax in, are packed with charm and character. The lounge area has a coffee table, 32in TV, tea and coffee making facilities, comfortable chairs leading to a patio area. One of the suites is an accessible suite, complete with a lavish wet room with disabled toilet; handrails; low hand basin and mirror; luxury fluffy bath robes are supplied; the bedroom sleeps two in a double or twin beds; TV; along with bottled water, biscuits and a complimentary bottle of wine on arrival."

## **Lancashire**



# Brickhouse Farm Cottages (SC) 🍀



Brickhouse Lane, Hambleton Poulton-Le-Fylde, FY6 9BG

01253 702122

#### www.brickhousecottages.co.uk

"A holiday destination on a farm\* designed for families with a disabled person. Consists of a small complex of 12 cottages built around a lake;

all suitable for disabled people; sizes vary, from sleeping 2 to 12, all necessary equipment can be provided when booked in advance. They can even put you in touch with a care agency so you can have carers to help. Externally they are wheelchair friendly, decking, fenced garden, dogs allowed and parking. On the farm there are goats, chickens, a peacock, owls, emu, meerkats and others."



# The Bond Hotel (H)



120 Bond Street, Blackpool, FY4 1HG

www.bondhotel.co.uk 01253 341218

"Award winning 'Accessible Hotel for people with disabilities' is situated close to the heart of Blackpool and it's many attractions; specialises in providing accessible holidays, with 62 bedrooms; any specialised equipment you need is provided. There is live cabaret entertainment in accessible show bar and excellent food in the restaurant."

## **Norfolk**



# **Potters Resort (SC)**



Coast Road Hopton-on-Sea Great Yarmouth, NR31 9BX

www.pottersholidays.com 0333 3207465

"Short breaks and weekend breaks at an award winning and 5 Star luxury holiday village on the Norfolk and Suffolk coast. Offers recreational facilities, nightly entertainment and a beauty treatment studio. Rooms to sleep from 1 to 6 people; some ground floor; lifts; room for

wheelchairs; baths and showers. Family run site, food excellent!"



## **Norfolk Disabled Friendly Cottages (SC)**

The Old Farmyard, Bircham Newton, King's Lynn, Norfolk, PE31 6QR 01485 578354

www.facebook.com/NDFCnorfolk

#### lavinia@nd-fc.co.uk

"Family run business managed by Lavinia King, who is a qualified nurse, providing eight self-catering accessible cottages for disabled people. Sleeping 2 to 10 people and can accommodate 47 guests at full capacity, making it the perfect

holiday destination for groups. Specialists equipment available for hire when pre-booked; all wheelchair accessible; open plan layout including en-suite 'roll-in' wet rooms and purpose built low level kitchens. Each has its own personal garden; dogs welcomed."

## **Peak District**



## **Croft Bungalow (SC)**

1 Wellcroft, Birchover Derbyshire, DE4 2BL Steve and Ruth, Tel: 01629 650979 (evenings)

www.croftbungalow.co.uk

#### enquiries@croftbungalow.co.uk

"Croft Bungalow is a level access throughout the building, recently converted to be fully accessible with hard floors, wide doorways, large flat paved area both front and back and wheelchair ramps.

The property can sleep 4; has a wheelchair accessible wet room with shower chair; hand rails; raised toilet and wheelchair friendly sink; electric profile bed; sensory room; walk-in shower with grab rails and transition bar for WC; electric riser/recliner armchair; large screen TV; free WiFi and Freesat TV. Outside there is off-road private parking, level access to drive and garden, which is a very private sun trap retreat, with a picnic table, barbecue and accessible sensory garden. South facing, with country views, only 10 minutes from Matlock, Bakewell, and Chatsworth."

# **Top UK Wheelchair Accessible Lodges and Camping**



# Daisybank Cabin (SC)



Hoegrange Holidays, Brassington, Matlock, Derby, DE4 4HP

01629 540262

#### www.hoegrangeholidays.co.uk

"Gold Awards for Accessible Cabins: Daisybank sleeps 4; Rainster sleeps 4; Hipley sleeps 4 and Pinder sleeps 6. Pet friendly log cabins; Off-road Wheelchair and Accessible Equipment."



### **Lundin Links in Fife (SC)**

Dunfermline, Fife, Scotland

Booked through Accomable

email: accomable@airbnb.com

"Luxury accessible cabins which are step free, with hoist, roll-in shore and shower chair."

Keil Lodge, 2 bedroom cabin, sleeps 6 Massney Lodge, 2 bedroom cabin, sleeps 6 Cardy Lodge, 2 bedroom cabin, sleeps 6 Drummochy Lodge, 4 bedroom, sleeps 8

# **Camping**



## Caalm & Camp (SC)

Goods Farm, Stour Row, Shaftesbury, Dorset, SP7 0QH

01747 838565 mob: 07702 835246 (Mark), 07769 577514 (Caryl)

www.dorsetyurtcampsite.co.uk

info@dorsetyurtcampsite.co.uk

"A Yurt is a traditional portable house made out of a lattice of bent wood, used by nomads in

Central Asia and Mongolia and excellent for camping/clamping, as they are kitted out with the wood-burning stove and electric sockets. They have camping for disabled guests where the site is level, smooth paths and ramps available for access to the yurts. Inside there is ample wheelchair turning space; a double bed and 2 single day beds, with space under to accommodate a hoist; profiling bed can be hired; level access to all communal areas and can supply commode chairs for their private wet rooms."

## Wales



# Bramwood Accessible Holiday Bungalow (SC)

Pitton, Rhossilli Downs, Gower South Wales, SA3 1PH 07920 181321

www.bramwoodgower.co.uk

"Wheelchair adapted bungalow is accredited and is situated in the hamlet of Pitton on the slopes of Rossilli Downs. Sleeps 9."

# **Yorkshire**



## **Fowl Green Farm Holiday Cottages (SC)**



Fowl Green Farm, Commondale, Whitby North Yorkshire, YO21 2HN 01287 660571

www.fowlgreenfarm.co.uk info@fowlgreenfarm.co.uk

"This is a working farm surrounded by moorland and sheep! Kay and Antony Laffan have adapted the outbuildings into Self-catering holiday

cottages, all of which are accessible to disabled people. All four properties have ground floor double bedrooms, wet rooms/bathrooms with wheel in showers. Dogs allowed and space for parking."

# **Respite Care**



# **The Boynes Care Centre**



Upper Hook Road, Upton-upon-Severn Worcester, WR8 0SB 01684 594001

"A nursing home for residents and respite, situated overlooking the Malvern Hills, with accommodation arranged over two floors with a range of light and airy reception rooms providing a homely atmosphere. The Boynes not only offers nursing care for dementia residents, it also offers professional care to people with MS, which comes highly recommended, providing 24 hour

high quality care for MS residents. Facilities include: 38 single rooms; wet rooms, baths, showers, disabled toilet, grab rails, lowered sink and cupboards, wheelchair accessible dining room and in house activities including physio therapy. While staying there not only can you enjoy the garden but also take advantage of some of the many excursions out in the accessible minibus." <a href="https://www.carehome.co.uk/carehome.cfm/searchazref/20002514BOYA">https://www.carehome.co.uk/carehome.cfm/searchazref/20002514BOYA</a>

# **Holidays Abroad and Cruises**



# France, Dordogne, \*\* Sarlat-la-Caneda (SC)

Domaine des Maseliades, Rue Mac Delbreil Dordogne

<u>www.maseliades-sarlat.fr/index-en.html</u> <u>maseliades@orange-fr</u>

"Domaine des Maseliades is a complex of 5 properties built in the last 6 years, one has a downstairs wet room and double bedroom.

There are 3 other bedrooms each with en-suite, 1 downstairs and 2 upstairs. All wheelchair accessible, decking, ramps and great pool!"



# France, Brittany, \*\* La Roche Derrien (SC)

22 Rue St Jean Brittany, 0800 949 6801

#### www.ineedaholidaytoo.com

"Carl and Jacqui Alban welcome you to I Need A Holiday Too, a company who specialise in accessible holidays in France. They have 6 luxury purpose built apartments, with equipment available, transport and support workers to ensure you have a relaxing holiday! All apartments have level access showers, two bedrooms, large

accessible bathroom and open plan kitchen, dining area and lounge. Lift to all floors, large garden and terraces, off road parking area, accessible vehicles available and discounted ferry crossings available. Jacqui can even meet you at the airport."



# Italy, Venice, Hotel Santa Chiara (H)

www.hotelsantachiara.it

info@hotelsantachiara.it

(+39) 41 5206955

"Disabled rooms are in the annex of the hotel, wheelchair accessible, 2 bedrooms, 1 ground floor and 1 upstairs with lift, wet room with grab rails and disabled toilet. Plenty of ramps. The Grand Canal is just 50 meters from the hotel door! Access to Venice by wheelchair is limited but as there is so much to see it's worth it. Also useful is to find out where the disabled toilets are, so you can plan your day. Getting on/off the

river ferry is no problem and tickets are at a greatly reduced rate. Entry is free to most of the churches, museums and galleries."



## Majorca, Puerto Pollensa (SC)



c/o Disabled Access Holidays/ Disabled Holidays Abroad & UK

0333 300 6631

www.disabledaccessholidays.com

sales@disabledaccessholidays.com

"Puerto Pollensa is a beautiful wheelchair accessible resort. Originally a traditional fishing village, now transformed into a delightful family

location. The apartment sleeps up to 6; wheel in shower; grab rails; disabled toilet; dining room and kitchen area wheelchair accessible; adapted transfer; swimming pool; swimming pool hoist; ramped pool access; parking on street. Note: Disabled Access Holidays will organise flights and transport (accessible taxi) from and to Palma airport and on to the apartment. Not absolutely necessary to hire a car, as the majority of buses are accessible. Beach is just two blocks away, shops/amenities only 200-500yds away!"



## Lanzarote, Nautilus Lanzarote (SC)



0034 928 514400

#### www.nautilus-Lanzarote.com

#### info@nautilus-lanzarote.com

"Nautilus Lanzarote is a 4 Star Tourist Apartment Complex located in Matagorda, Puerto del Carmen, just 5 miles from the sea and 10 minutes by car from the airport. The complex has two heated swimming pools, one with a chair lift for easy access; a supermarket; attractive garden area; a mini golf section; 70 one and two

bedroom apartments, 47 of which are adapted for wheelchair users. They have hoists, grab rails, wet room with disabled toilet; kitchen area has lowered sink for wheelchair user. Most of the one bedroom adapted apartments are in the garden area, accessible by a slopped ramp with handrails. Beach two minutes' walk away. Further details can be found on their website."



# Turkey, The Marti Resort Deluxe (H) Icmeler Bay, Marmaris



#### https://www.marti.com.tr/resort

"In gardens on Icmeler Beach along the Mediterranean Sea, is this upmarket beachfront resort offering a spa, dive centre, plus dining, bars and 3 pools. The hotel has 100+ bedrooms, lifts, all wheelchair accessible; ramps; Adapted rooms have a wet room, grab rails, disabled toilet, and accessible cupboards. Excellent hotel/service!"



# Makin' Tracks (H's) \*\* European Accessible Tours

c/o Debbie and Dave Jepson

www.makintracks.eu debbie@makintracks.eu

01766 522457

"Makin' Tracks offer inspirational tours in Europe for wheelchair users with a real appetite for travel. They are a small family company and every tour is personally planned, escorted and driven by themselves, and having done this for over 30

years have a fair idea how to create a smooth and rewarding tour for their clients. Our groups are always small and we are highly experienced in both tourism and disability issues. We carry a substantial amount of equipment with us, including a hoist, both active (standing) or passive (sitting) mode and a mobility scooter. Tours for 2018 now looking like: Puglia, Sorrento, Berlin, and a road trip from Bilbao to Santiago del Compostela. As part of the tours, clients will stay at various hotels in the different locations and experience eating at a variety of restaurants. The tour package doesn't include flights but they are more than happy to assist in finding one suitable to your needs. Must see website!"



# Accessible New Zealand Tours (H) (SC)



www.accessiblenz.com info@accessiblenz.com

Contacts: Roger Newman or Annette Arends

"These tours are specialised for travellers with physical disabilities or who have limited mobility. This can be permanent or temporary disability, senior travellers, parents with strollers and any other traveller who may require extra assistance."

Quote from a member who has done this

holiday..."This company is run by a husband/wife team where every hotel, pub, restaurant, attraction they make sure it is mobility challenge friendly. Using their adapted vehicle, they took us everywhere in comfort. We used them and would recommend to everyone."



wheelchair."

### **Dover to Honfleur, Fred Olsen Cruises**

#### www.fredolsencruises.com/port/honfleur

"This cruise was booked with Fred Olsen Lines through Accessible Trave who are no longer in businessl. The trip was for two nights and took them from Dover to Honfleur and back. The ship had a ramp to the entrance and once on board there were lifts to all 8 floors; all decks wheelchair accessible; swimming pools; jacuzzi; sauna; entertainment; restaurants; shops and bars. Once in Honfleur, there is an excursion to a Butterfly farm just outside the town but unfortunately the cobblestone street was a challenge in the



## **Queen Mary 2**

Booked through Cunard

www.cunard.co.uk

0344 338 8650

"Recommended by a member saying that they met the needs of a wheelchair user and that Cunard were particularly good with people with disabilities. All the crew were willing to 'go the extra mile' to help, which was demonstrated to

this member on many occasions. Should a passenger be unable to go to an event, it could be viewed on their stateroom tv...thought this was very helpful!" For accommodation please see the website.



# **River Cruising in the Netherlands**

Enable Holidays 0871 222 4939

www.enableholidays.com/accessible-rivercruises

"Enable Holidays offers wheelchair-friendly river cruises, as well as villa holidays. This year it has a five-night cruise taking in the historic towns of Nijmegen, Zaandam and Harlingen in the Netherlands on a riverboat with accessible cabins and adapted bathrooms.

## **Useful Web links including Insurance**

www.accessibleguide.co.uk Rough Guide to Accessible Britain

www.access-travel.co.uk (01942 888 844)

<u>www.accessibletravel.co.uk (</u>01452 729739) Accessible Travel & Leisure is dedicated to providing barrier-free tourism for all, so that you, your family and friends can enjoy the holidays you've always dreamed of. Tailored to your individual needs; unique understanding; working partnerships and real peace of mind.

www.enableholidays.com (0871 222 4939)

www.disabilityholidaysguide.com

<u>www.disabledcruiseclub.com</u> Adapted cabins; Accessible excursions; Mobility equipment hire; Financial protection; Much more!...explore with ease!

www.handiscover.com Accessible accommodation in 83 countries

www.disabledholidays.com (0161 842 9898)

www.safehandsholidays.co.uk (01253 922 922)

www.disabledgo.com (01483 842 710)

www.wheelchairworld.org

www.disabilityhorizons.com (Accessible Beaches with beach wheelchairs)

www.airbnb.co.uk (Accessible Accommodation)

www.holidaycottages.co.uk (01237 426 722)

www.disabilityholidaysguide.com/ (For lots of choices)

<u>www.toursnz.com</u> (Accessible New Zealand Tours)

www.responsibletravel.com/holidays/accessible (Travel opportunities worldwide)

www.702scooters.com (Scooters are delivered directly to your hotel in Las Vegas)

<u>www.access-travel.co.uk/</u> (for wheelchair accessible holidays in Europe and Florida) Orlando...all the parks have wheelchairs available, but on a first come, first served basis.)

www.orlandomobilityscooterrental.com

www.buenavistascooters.com

www.tourismforall.org.uk

## **Travel Insurance for Disabled People**

Insurance companies who cover pre-existing medical conditions do exist and you can find some listed below:

www.tourismforall.org.uk. info@tourismforall.org.uk 0845 124 9971

<u>www.directline.com</u> 0845 246 8704 (provides a comprehensive range of cover for those with disabilities)

www.able2travel.com 01892 839 501

JustTravelcover.com 0800 294 2972

www.allcleartravel.co.uk/mobility 0800 164 1807

www.fishinsurance.co.uk 0333 331 3754

www.firstsenior.com 01582 840067

www.af-affinity.co.uk/01603 881 888

www.abi.org.uk 0207 600 3333

Free leaflet from the Association of British Insurers "Travel Insurance: what you need to know"

<u>www.mssociety.org.uk/care-and-support/financial-help/dealing-with-insurance#</u> 0208 438 0799 "Insurance and MS"

<u>www.orbisplus.co.uk</u> 0845 338 1638 (for both Europe and Worldwide)

<u>www.citizensadvice.org.uk</u> The Citizens Advice Bureau can be contacted for any matters relating to insurance cover.

www.legalandgeneral.com Legal and General offer cover for the majority of travellers.

www.direct.gov.uk\_DirectGov website offers general advice for people travelling at home and abroad.